

# Booking a Psychiatry Consult



When two colleagues come together to solve a problem, that's where the magic happens

- Like all Virtual Hallway consults, Psychiatry consults are meant to mimic that "hallway" chat between colleagues
- An opportunity to have a 10 min phone conversation about a specific patient issue that offers you the chance to ask, learn, and ask anew
- Specialist on Virtual Hallway are compensated under the same billing codes. They open up their calendars for these phone calls to offer their insights, but also to make connections and build relationships with you, their colleagues

## What are some clinical examples **Virtual Hallway Psychiatrists** are commonly consulted on?

"I am having difficulty engaging this patient with severe anxiety. Could you provide advice on how best to approach this relationship?"

"What sort of self help material can be helpful for this patient with depression who is on a wait list and cannot afford private psychology?"

"I am having difficulty managing this patient with multiple psychiatric and medical problems. Could you help advise which medications may be safe to use?"



## Clinical Examples cont.

"I am unfamiliar with X drug, could you please help me understand if it is effective/safe, when/how to use it, what to look out for, etc?"

"I have tried two or three medications for this patient's depression without benefits, I would like to attempt another trial, which other options would you recommend? And are there any other treatment options (e.g. psychotherapy, TMS, ketamine, etc?)"

"Patient has been on benzodiazepine for 10 years but I'm trying to work with them to try and reduce/wean them off of it. Could you help with benzo weaning approaches and scheduling?"



# The Virtual Hallway Psychiatrists



"I love building relationships with my colleagues in primary care. It is so refreshing to just get to work through a case with a colleague. Two heads are better than one."

## Dr. Daniel Rasic

MD, MSc, FRCPC

Virtual Hallway Specialist since June 2021

Dr. Rasic is a practicing psychiatrist focused on treatment of service members and first responders. He is a graduate of the University of Manitoba and completed his residency training at Dalhousie. He worked as a consultant to the Canadian Forces before transitioning to private practice psychiatry.

# The Virtual Hallway Psychiatrists



"Virtual Hallway consults give me a new appreciation for just how frequently primary care providers are left to deal with fairly difficult cases with often very limited alternative resources to offer patients"

**Dr. Jacob Cooney**

MD, MSc, FRCPC

**Virtual Hallway Specialist since June 2021**

Dr. Cooney is an Assistant Professor at Dalhousie Medical School. He is a board member of the Health Association of African Canadians and involved in providing psychiatric care to rural and underserved communities.