

Virtual Hallway |



"Most problems outside of acute emergencies may be appropriate for phone consults in psychiatry."

WHAT MAKES AN EFFECTIVE PSYCHIATRY REQUEST?

We asked two Virtual Hallway Psychiatrists

- Discussing next steps when patient has been tried on one or two first line agents for depression or anxiety disorders with limited success or side effects
- Discussing weaning schedules when patient is on psychotropic med (eg benzo) for long time
- Discussing new psychotropic med combinations
- Discussing interface of medical and psychiatric problems
- If someone is unstable or complex and is on a long waiting list to see psychiatry, discussing management strategies to help direct patient care in the interim until they are seen for full psychiatry consultation
- Discussing non-pharmacological options for different problems
- Management of side effects of psychotropics
- Discussing diagnostic uncertainty and strategies to arrive at a more accurate diagnosis
- Getting advice on how to work with challenging interactions