

# The Knowledge Collaborative



## What is the Knowledge Collaborative?

The Collaborative is a provincial hub that offers opportunities for service providers providing mental health supports and services to adults in Nova Scotia.

Our aim is to build on service providers' knowledge, skills, and collaboration by providing free education and learning opportunities, as well as opportunities for members to connect, share ideas and best practices.

## Who is this for?

Service providers working for community-based organizations that deliver mental health support to adults in Nova Scotia.

## What does membership entail?

- Inform topic/educational priorities
- Participation in the free education and learning sessions
- Engage and collaborate with other community service providers
- Help us evaluate the Collaborative

## What could the Collaborative offer?

### Potential free learning opportunities for service providers (non-exhaustive list):

- Managing boundaries with your role
- Motivating people for change
- Supporting clients in crisis
- How to do brief (e.g., one-hour) interventions
- Identifying psychosis
- CBT Basics
- When to refer to tertiary care
- Supporting clientele experiencing trauma

### Opportunities for service providers to connect & collaborate:

- Facilitated group conversations
- Consultation groups
- Communities of practice on specific topics/or for specific roles

**Most importantly: based on service providers' interests**



To join, scan the QR code by using your SmartPhone camera, or visit:

<http://surveys.novascotia.ca/Collaborative>

